

Questions for Psalm 13

Praying with God

Warm Up

- 1) Think of a time when you were upset and called someone to vent your frustration. Who did you call? Why was it them? How did the conversation go?
- 2) In the message, Gary asked, "How is prayer going for you?" So, how is it going? Are you able to have honest conversations with God these days similar to what David expresses in Psalm 13? If not, why not?

Explore

- 3) Read Psalm 13 together. What is David feeling and expressing to God? Do you typically express your own emotions like this in your prayers? Why or why not?
- 4) Focus on verse 3. Do you usually pray like God answers your prayers? How do you combat your thoughts and insecurities when it seems God is not listening?
- 5) What value does prayer have when we are feeling distant from God?
- 6) Read verse 5 again. David prays out what he knows about God in the midst of his mixed emotions and doubts. Why is that significant? How do the spiritual disciples bridge the gap between what is true and what we are feeling?

Apply

- 7) David's application is found in verse 6. Carve out time each day this week to remember and speak out God's goodness and sing out His praise. Extra credit: tell a neighbor about the goodness of God. Connect with another group member to see how they are doing with this practice.