

COMMUNITY GROUP QUESTIONS FOR THE PSALMS

WARM UP

What forms of worship are most meaningful to you?

What was the most impactful thing you processed from the message on Psalms this past week?

EXPLORATION

1. The names "Psalms" and "Psalter" come from the Septuagint Greek translation of this Old Testament collection of Hebrew poetry and refer to stringed instruments. Many of the Psalms were intended as songs of prayer and praise to be sung by God's people. Psalm 22:3 says "God inhabits the praises of His people". What does this mean?
2. The Psalms express a wide range of human emotion ranging from anger, despair, and lament (think dark night of the soul) to joyful shouts of thanksgiving and praise. King David, who wrote many of Psalms, asked God tough questions which he captured in poetic form, such as "God, why have you forsaken me?" (Ps. 22) or "How long will the wicked prosper?" (Ps.94). What kind of tough questions do you find it hard to ask God?
3. Psalm 23 is a favorite Psalm across many generations. Read Psalm 23. Notice how it says "when" I walk through the valley of the shadow of death, not "if". How does having the right view of our Shepherd help us in these circumstances?
4. Read Psalm 100 as a group. What does giving thanks and praise to God do to our perspective?

APPLICATION

Running throughout Psalms is the theme of the authors being real and honest with God, with their cries of distress, their praises, their thanks, and their tough questions. What are some ways you can be more real and honest with God this week in your relationship with Him and in how it impacts others in your life?