

Community Group Questions 10.13.19

Please use these as a guide for your group discussion.

1. What impacted you the most from Sunday?
2. Under the mission of Loving Jesus we as a church are asking that everyone *commit to Sundays and practice the spiritual disciplines*. As we begin our study of the spiritual disciplines, share your past experience with these practices. Are these things that you have practiced in the past or are these new concepts? What has been your experience?
3. 1 Timothy 4:7 says

*⁷ Have nothing to do with irreverent, silly myths. Rather **train** yourself for godliness; ⁸ for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. ⁹ The saying is trustworthy and deserving of full acceptance. ¹⁰ For to this end we **toil and strive**, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.*

What does it take to motivate you to want to train for godliness? Is this something that comes naturally, or does it take effort?

4. How can you guard your heart from either trying to earn Gods love and affection by your effort or from not trying at all?

Bonus Question.

5. Why do you think we have a hard time talking about the non-physical in the West today?